



## BEST PRACTICES- I

Session 2017-18

1. **Title of the Practice:** - **BLOOD DONATION : GIVING THE GIFT OF LIFE**

*“Sometimes money cannot save life,  
but donated blood can.”*

2. **Objectives of the Practice:** - The objective of this practice is to make the students of the college aware of the responsibilities towards the society and transform them into better citizens of the country. As education is holistic development of a learner's being, it is important to inculcate the feelings of service towards the human fraternity in their young, budding minds so as to shape them into kind and dutiful humans.
3. **Context:** - Answering to the social responsibility and to the area in which the college exists, service towards society is one of its main aim. This responsibility assumes significance as it permits the college to engage in projects/programs related to activities of social welfare and public health. Blood donation camps are an initiative in this direction as such camps give the students a platform to develop general altruism.
4. **The Practice:** - The college being situated in district headquarters, it caters to the higher education needs of all the surrounding villages. These surrounding villages/tehsils etc. depend upon the Civil Hospital at the district headquarters for all medical aid. As in all dire medical needs blood is required, the college contributes towards the same. Every year, the college staff both teaching and non-teaching participate in blood donation drives. In addition, the students also register their participation in large numbers for the noble cause. In times of critical need such as requirement of rare blood types by the hospital, the students have always extended a helping hand by providing timely help. Organization of such blood donation drives by the college is in keeping with the colleges vision of instilling humanitarian values in the students. The enthusiasm shown by the students and teachers in these drives is a reflection of their sincere commitment to their social responsibilities. Participation of girls in large numbers is a testimony to this. Also, this year about fifteen of our cadets donated blood on NCC day. The college thus, strives to cater to not only the academic needs, but also to the social needs of this region.

5. **Problems Encountered:-** In spite of motivating students and encouraging them to donate blood by coming in large numbers, the students express their apprehensions about the practice. Many students fear that donation of blood shall have a negative impact on their physical health and well-being and show hesitation in participation. It becomes an arduous task to allay the students' fears and to apprise them of the benefits of participation. Students hailing from rural areas, are sometimes forbidden by their parents owing to the social taboo associated with it. Lack of literature, inspiring stories, awareness programs are other hindering blocks.
6. **Impact of the Practice:-** Such practices are an effort to teach students the moral values of giving, sacrificing, and saving. In this exercise, the students get to learn lessons of first aid, extending help to the victims of accidents, etc. It also helps students become better citizens.
7. **Resources Required:-** More understanding between medical personnel and college is required for organizing such activities. Awareness programs from the medical fraternity will help in motivating students to contribute to the practice.







## BEST PRACTICES- II

**1. Title of the Practice: - DHARA NEER : SALUTING THE LOCAL HEROES**

*“I will fight the enemy for the country,  
till the last breath of my life”  
(Chandra Shekhar Azad)*

**2. Objectives of the Practice: -** True to its name that celebrates the well known freedom fighter Chandra Shekhar Azad, the college is committed towards cherishing the contribution of freedom fighters of this region. The college is dedicated towards enlightening the minds of present generation of students about the reach and heroic history of the freedom fighters of Sehore district. The college has a record of sending its NCC boys for serving the country by being a part of the Indian Army. Every year few of the cadets of our college are selected in the Indian Army and are serving the motherland. One such local hero was Kunwar Chainingh, who held from this district. The college aims at instilling the feelings of patriotism and love for the nation in students through activities like Dhara-Neer.

**3. Context: -** Our college is the only college in the district which has both boys and girls unit of NCC. Throughout the year our cadets participate in activities that foster and reinforce such feelings. The practice of Dhara-Neer is also instrumental in promoting the mental and physical health of the cadets. To immortalize one of the earliest heroes of Sehore, Shri Kunwar Chainingh, this program was organized.

**4. The Practice: -** When the War Memorial at Bhopal, the capital city of Madhya Pradesh was being constructed, the college thought it proper to carry the sacred soil from a local martyr's homeland to the site in Bhopal. In accordance, a program was organized in which the students in the form of a rally went to the memorial ground of martyr Kunwar Chain Singh (the famous martyr from Sehore district) to pay their homage. They collected the sacred soil from the ground and carried it for the Shaurya Smarak (The War Memorial) in Bhopal (40 km away from college) where the soil was used for the construction of the Memorial and for tree plantation. Such practices align with the college's mission to inculcate feelings of patriotism and service to the nation in the minds of the students.

**5. Impact of the Practice:-** This program resulted in fulfilling one of the fundamental duties enshrined in the Constitution of India which is, “to cherish the noble ideas of freedom struggle”.

